



# Parkway Courier



Volume 53, No. 8

August 2018

## **Preach the Gospel!** **by Pastor Kathy Itzin**

Last Spring, I decided to offer congregational members the opportunity to give a sermon in our sermon series “Books Speaking to Faith.” I thought that this would be a great opportunity for people to share messages that are important to them.

I didn’t expect the Great wisdom, creativity, and organization that our members offered in the sermons that they created and shared with us. Wow! I am not surprised, but I am impressed! This has also been evidenced in the stories we submitted for the July Courier. (Great idea, Char)!

We all offer our talents in so many ways: serving on committees, working in the community, fixing, improving and maintaining property (and the churchyard), cleaning and organizing areas in the church, and contributing money, labor, and energy to our neighborhoods and the causes that we support.

The speakers in our sermon series have reminded me that we each have an important message, or several important messages to give. Someone once said that everyone has at least one good sermon within them! Lately, I’ve been reflecting upon how our ‘sermons’ may be offered in the form of advice given to a friend or loved one, a visit with someone who needs it, or a sign placed in a yard. Even beyond that, ‘sermons’ can be preached by our actions or examples.

That reminds me of the story of an old German farmer. He spent his life caring for his farm and family. After his wife died, he told a friend, “I loved her so much I even told her once.” She knew his love by his actions.

That is also true about preaching. Our children learn our values by the examples we give them. Our friends and relatives see how we act and live our lives. That is spreading the Gospel! We teach perhaps more by what we do, than by what we say.

A mechanic, cashier, or person who is retired may be a better preacher than a minister. When we think about the people who serve as examples to us, it is usually those with whom we spent time, the ones who live good, honest lives.

That’s us! Others who may never enter a church, learn about following Jesus by our actions. We may follow those actions by words, but we don’t need to. Whether or not we ever ‘hear’ an official sermon by you, you are living a sermon every day. A holy man once sent out his disciples to share the Good News of Jesus. He said, “Go preach! And, if you need to, you can use words.”

Jesus said, “Go, and make disciples of all nations...teach them...and know that I am with you always...” (Matthew 28: 19-20)

# August Scriptures

## August 5<sup>th</sup> Ann Jarvimaki speaking on The Giving Tree.

"The Greenwood Chant" - Jan L. Richardson - In Wisdom's Path: Discovering the Sacred in Every Season

**Luke 13: 18-19** (The Mustard Seed)

**Matthew 25: 34-40** (Whatever you do to the least of my siblings, that you do to me)

## August 12 19<sup>th</sup> Sunday in Ordinary Time, Proper 14

**Ephesians 4: 25-5:2** (Be kind to one another...be imitators of God, as beloved children, and live in love, as Christ loved us...)

**John 6: 35, 41-51** (I am the bread of life)

## August 19 Parkway Picnic! 20<sup>th</sup> Sunday in Ordinary Time, Proper 15

**Ephesians 6: 10-20** (Put on the whole armor of God, so that you may stand against evil)

**John 6: 56-69** (Those who partake of me live in me, and I in them)

## August 26 Kathy is gone this Sunday. Emily will finish our Books Speaking to Faith series with reflections on Twinkle Loon

**Luke 2: 41-52** (Story of the boy Jesus getting lost in the temple... 'and Jesus increased in wisdom and in years, and in divine and human favor')

**Philippians 1: 6** (Philippians 1: 3-5 (I thank God every time I think of you...) 1:6 I am confident of this, that the one who began a good work among you will bring it to completion by the day of Jesus Christ. 7 It is right for me to think this way about all of you, because you hold me in your heart, for all of you share God's grace with me...)



## Out to Lunch Bunch

The Out to Lunch Bunch will meet at the 50's Grill, 5524 Brooklyn Blvd., Brooklyn Center 55429, at 11:30 a.m. on August 9. Good food! Good shakes and malts! Good pie! Please call the church and let us know you will be coming. All are welcome!

### August Coffee Hour: Choirs

#### August Drivers

#### Flowers

5 Char Merz	5 Open
12 Dave Hendel	12 Open
19 Char Merz	19 Open
26 Dave hendel	26 Open

E-mail address: [parkwayucc@gmail.com](mailto:parkwayucc@gmail.com)

Rev. Kathy's e-mail: [parkwayuccpastor@gmail.com](mailto:parkwayuccpastor@gmail.com)

Web Site: [www.parkwayucc.com](http://www.parkwayucc.com)

# Reflections Upon Rally-Protest

by Michael Snitker

On June 30, Michael joined thousands of other Minneapolis residents in the 'Families Belong Together' March in downtown Minneapolis and wrote this reflection after the march was over. Thank you, Michael, for your support and writing talents and for sharing this with us.

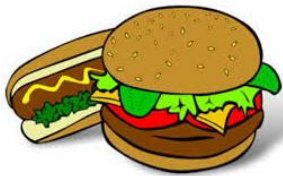
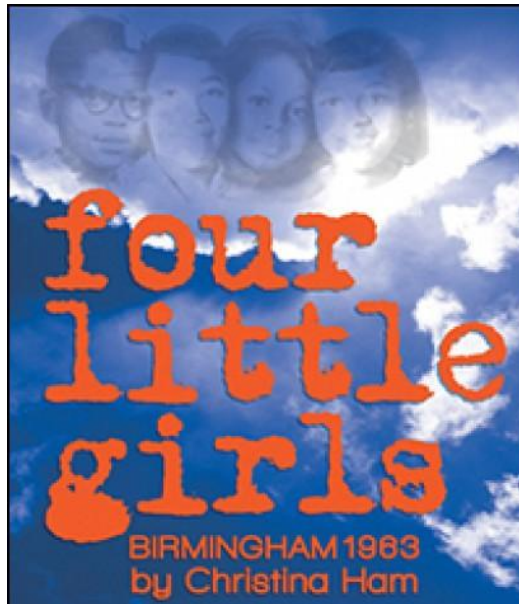
Pulled by gravity to these streets  
Where everything on this continent belongs to God  
May I do justice, immigrant ancestor  
May I be your sacrifice, Uncle  
Awarded soldier  
Although not everyone believes theologically in collective sin  
Do I hear a confession?  
My friend turns to me:  
I wore the wrong t-shirt today  
But I am in the same skin as yesterday  
So I wear my protest in life daily.  
As I march,  
Reflecting on the trail of tears  
Sounding the cadence of slogans  
That are tied to the holy  
“This is what democracy looks like”  
Who is your neighbor?  
“Education not fear,  
Amnesty is welcome here”  
Separating families inhumane  
Leadership inconsistent with our values  
Policies that poke a stick  
In the bee hive of foreign affairs  
Plaguing the plane with a virus  
Giving rise to cowards who run and hide.  
Stand up!  
“Remember November”  
Immortalized by someone adorning purple  
This way has come  
Dearly beloved,  
We are gathered here today,  
To get through this thing called life; Who Wha!



# Capri Theater

The Capri Theater, 2027 West Broadway in Minneapolis, invites you to the Summer Camp Capri Performance of the play **Four Little Girls: Birmingham 1963** on August 9, 2018 at 7:00 p.m. written by local playwright, Christina Ham. There is no cost to see this play.

Summer Camp Capri is the Capri's arts/theater camp for middle school-age scholars. "Our goals are to help students find their gifts, increase their confidence and create harmony on-stage and off," says James Scott, Director of the Capri. "Camp Capri is really an exercise in artistry and good citizenship as our students work and play together, day after day, building trust, learning about themselves and each other, and creating what will surely be a masterful performance."



Outdoor Worship  
Service



Join us in the church courtyard for a fun filled service on August 19. Following the service will be hotdogs and hamburgers. Please bring a dish to share!



Parkway would like to thank Edina Morningside UCC for their generous donation of \$3,741 given to us for our Families Moving Forward ministry. During the weeks we host families throughout the year, Edina Morningside comes and serves an evening meal along with organizing an evening activity. Thank you for sharing this ministry with us.

# HAPPY/THANKFUL OFFERINGS

We are offering this gift because we are happy and/or thankful for:

## July 1, 2018

All the people who showed up yesterday to help pull weeds.  
-Todd Lipelt

Being hired full-time permanent at AMEC starting July 13. No more temping.  
-Julie Hartfiel

The weeding crew~honoring the gift of flowers in the courtyard and helping us to look tidy.  
-Emily

Friendship of 36 years!  
My friends Stephanie and Janet were here for a week.  
-Bonnie

## July 8, 2018

I am thankful for my wonderful family. I would never ask for better. And hopefully for Kathy's jam. LOL

My immediate family of Kevin and Jenny who continue to bring the good and positive out in me. Their unequivocal love and care are precious to me. I feel blessed and grateful!  
-Tom Ley

## July 15, 2018

Happy to see my Grand Master and thanks to the quartet who sang today.  
-Bernard

## July 22, 2018

Happy Birthday to Kathy.  
-From Jeff & Fuhua

Bernard's music ministry.  
-Victor Morrison

Katrina reports John is well. Grumpy, but well.  
-Emily



5	Gail Crespo	15	Fae Bostrom
9	Georgie Ouellette	15	Chelsea Ouellette
9	Taylor Stoneburg	19	Amy Sprague
10	Jim Stroschein	22	Jenna Hinrichs
13	Florence Beckman	23	Kay Leerssen
13	Bob Thompson	23	Lucille Senescall
14	Ava Sprague	26	Shane Bryan

## **Parkway Courier**

Charlene Merz, Editor

The deadline for the September Courier is August 22.

Please bring your articles to the church office or email them to [Parkwayucc@gmail.com](mailto:Parkwayucc@gmail.com)

All articles are appreciated!



## Please Remember in Your Prayers

**Gerry Hartley**  
**Rose Marie Lund** – (Durand's daughter)  
**Jim & Kay Leerssen**  
**Marlene Mars**  
**Harriet Thompson**  
**Parkway Church**  
**Eunice Shore**  
**Brett Sprague**  
**Laura Mylan** - (Friend of Janet Zahn)  
**Jan Schwarz**  
**Sheryl Griefe** - (Friend of Dick and Nancy)  
**Bob Freeman** - (Cancer surgery)  
**Bob Dooley** - (Lu Senescall's son-in-law)  
**Lisa Flynn** - (Carol Anderson's niece)  
**Chris Murphy** - (Nephew of Tom and Kathy Malaske)  
**Maxine Rogers** - (Lonnie Rose's sister)  
**Veralyn and Dennis Bash** - (sister and brother-in-law of Lester Boerger)  
**Paul and Donita Boerger** - (Lester Boerger's parents)  
**Erin Gaines** - (Frank Gaine's daughter-in-law)  
**Sandy Thompson** - (Bob and Evie Thompson's daughter-in-law)

**Judy Oelkers** - (Pat durand's cousin)  
**Frank Gaines**  
**Lu Butler**  
**A.J. Houle** - (Dick and Nancy Larson's son-in-law)  
**Terry Nolan**  
**Jean Rossmar** - (David Goettsch's sister)  
**James Karst**  
**Tom Ley**  
**Paula and her family** - (Bonnie McClain's friend)  
**Ron Merz** - (Greg Merz's father)  
**Armin Bulchuck**  
**Bill Morrison**  
**Vinney Hobbly** - (Friend of Bob & Evie Thompson)  
**Ken & Avanelle Gaines**



### "Tapping Into the Passion of Ministry"

Our youth, partnering with the youth from Robbinsdale UCC, will depart on their annual Summer Mission Trip on August 9 and return August 16. This year we will be focusing on Urban Immersion work in Chicago. Our work will range from serving meals to painting and cleaning run down areas and those things in between. Please keep the youth and their leaders in your prayers for safe travel and new learning that they can bring back to share and use in our own communities. The youth would like to ask you to please keep all those who are in need in the world in your prayers too.

Watch for pictures and updates on Parkway's Private Facebook page during our trip.

# Sunflowers



No flower can lift someone's spirits quite like sunflowers. They are bright and cheery, and as warm and inviting as the sweet summer sun. With brilliant yellow petals, also known as "rays," sunflowers have an unmistakable sun-like appearance that has made them a crowd favorite, especially in the summer months.

Sunflowers come in a number of varieties—ranging from small to very large, from having yellow petals to red. However, there is more to sunflowers than meets the eye. While they are stunningly beautiful, they also are rich in history and meaning.

Sunflowers symbolize adoration, loyalty and longevity. Much of the meaning of sunflowers stems from its namesake, the sun itself. These flowers are unique in that they have the ability to provide energy in the

form of nourishment and vibrancy—attributes which mirror the sun and the energy provided by its heat and light.

## The Origin Of The Sunflower

The sunflower is considered native to the United States. Many enthusiasts claim that it was first cultivated by Native Americans over 8,000 years ago (though others contend that the plant wasn't cultivated until 2,600 BC). As early as 2,000 BC, sunflowers were being grown using methods that encouraged bigger seeds and a more bountiful crop. It had already become a major staple in the diet of Native Americans by the time European explorers first visited America.

When explorers from Europe arrived, they were surprised to find that many Indian tribes were cultivating and harvesting crops of the strange plant. The Europeans had never seen a sunflower before. The tall, brightly-colored crops were a spectacle to them. They sent the seeds back to Europe where they were considered with curiosity. Oddly, the Europeans didn't consume the sunflowers until the seeds were transported to Russia, Spain and China years later.

## The Many Uses Of Sunflowers

During its long history, sunflowers have been used for several purposes. The early Native Americans were resourceful with the plant. They harvested their sunflowers and used them for food and medicine. The seeds were used for baking and also to add thickness to various stews. Archaeologists have uncovered evidence that suggests Native Americans also used sunflowers to remove warts and to treat those who suffered from sunstroke.

Sunflower seeds are a major ingredient in commercial birdseed. Sunflower leaves are used as feed for livestock. Sunflower oil is a popular vegetable oil known for its light color, mild flavor, low levels of saturated fats and ability to withstand high cooking temperatures and is also used in paints and cosmetics. The roasted seeds make an excellent coffee type drink. The Chinese have used the fiber from the stems for fabrics and paper. The pith (the interior of the skin) is one of the lightest substances known and is used in scientific labs.

## Other Benefits Of Sunflowers

It can help improve cholesterol levels and reduce the risk of heart disease

It helps support bone health

It can control blood sugar levels

It promotes healthy detoxification

It supports healthy skin

It promotes good mood and restful sleep

It is a rich source of protein

It supports thyroid function through selenium

It can help combat osteoporosis, bone loss and muscle cramps



## Parkway Courier

### ***An Open and Affirming Church***

Telephone: 612-522-2982

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Worship Service: Sunday, 10 a.m.

Office Hours: 9 a.m. – 4 p.m.

Monday – Thursday

Rev. Kathy Itzin, Senior Minister

Charlene Merz, Administrative Assistant

Bonnie McClain, Director of Music

Daniel Ritter, Organist

Carolyn Hendel, Bell Choir Director

Molly Merz, Custodian

Published by and for members and friends of

**PARKWAY UNITED CHURCH OF CHRIST**

## Live on the Drive



### **August 9 PaviElle French**

PaviElle French is a solo, interdisciplinary artist who focuses on bringing an aesthetic of love, light, and ancestral spirit to the stage. Using song, storytelling, and dance, PaviElle shares the highs and lows of her life growing up “Young, Gifted, and Black” in Saint Paul’s historic Rondo neighborhood, and how those experiences have formed her into the person she is today. Confronting addiction, death, sexuality and self-worth, it’s a candid look at one woman’s life that touches the humanity in us all.

(Rain date is August 16)






# Parkway United Church of Christ

## August 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<i>Flower Photos by Janet Goettsch</i>						
5 10 a.m. Worship 10:15 Sunday School 11 a.m. Coffee Hour 12:30 CWOW	6 7 p.m. Victory AA	7 10 a.m. Bible Study	8	9 11:30 Out-to-Lunch Bunch at 50's Grill	10	11
12 10 a.m. Worship 10:15 Sunday School 11 a.m. Coffee Hour 12:30 CWOW	13 7 p.m. Victory AA	14 10 a.m. Bible Study	15	16 HUB-Healthy Homes Resource Fair 3-9 p.m. social hall & parking lot & library	17	18
19 10 a.m. Worship 10:15 Sunday School 11 a.m. Coffee Hour 12:30 CWOW	20 7 p.m. Victory AA	21 10 a.m. Bible Study	22	23	24	25
26 10 a.m. Worship 10:15 Sunday School 11 a.m. Coffee Hour 12:30 CWOW	27 7 p.m. Victory AA	28 10 a.m. Bible Study	29	30	31	